

Lawton Chiles High School

3rd Annual MOD5K



Saturday, March 14, 2015

1 Mile Fun Run/Walk start 8:00am / 5K start 8:30am

Lawton Chiles High School
(Registration/Starting Line: Clock Tower)

Awards: 5K top male and female overall finishers, the top 3 males and females in 5 year age groups starting with 9 years and under, male and female masters, male and female grand masters, 1st Chiles male student and 1st Chiles female student, 1st Chiles male faculty member and 1st Chiles female faculty member. Awards for the 1 Mile Fun Run/Walk will be given to the top 3 male and female finishers.

Entry fees: PRE-REGISTRATION BY MARCH 6, 2015

5K \$15 with T-shirt – No shirt option \$10

5K Family Special *Four or more family members \$50

(*all registration forms must be submitted together)

1 m Fun Run/Walk \$10 with T-shirt –No shirt option \$5

1 m Family Special *Four or more family members \$35

(*all registration forms must be submitted together)

RACE DAY REGISTRATION:

5K \$20 with T-shirt – No shirt option \$15

1m \$15 with T-shirt – No shirt option \$10

Name: _____ Age (race day) _____ DOB _____ M _____ F _____

Address: _____ City _____ State _____ Zip _____

Phone: _____ Email: _____

Are you a Chiles Student: _____ If so, Grade: _____ 1st Period Teacher: _____

Choose your race option: \$15 5K with T-shirt _____ \$10 5K no shirt _____ \$50 5K Family Special _____

\$10 1m with T-shirt _____ \$5 1m no shirt _____ \$35 1m Family Special _____

Entry Fee \$ _____ T-Shirt Size (circle one) YL S M L XL XXL

Make checks payable to Chiles High School with March of Dimes on the memo line and mail to Lawton Chiles High School, 7200 Lawton Chiles Ln., Tallahassee, FL 32312

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able, physically fit and properly trained. I assume any and all risks associated with this event including but not limited to falls, contact with other participants, effects of weather, including high heat and/or humidity, and traffic and the conditions of the roads, all such risks being known and acknowledged by me. I agree to abide by all decisions of the race officials relative to my ability to safely complete this run. I agree not to wear headsets, run with dogs, baby joggers or strollers during the race. Knowing these facts and in consideration of your accepting my entry, I hereby, for myself, my heirs, executors, administrators, or anyone else who may claim on my behalf, covenant not to sue, and waive release and discharge Lawton Chiles High School and any other persons or entities associated with this event, including race officials, volunteers and all sponsors and their agents, employees, assigns, or anyone acting on their behalf from any and all claims or liability of death, personal injury or negligence or carelessness on the part of the persons named in the waiver. The Release and Waiver extends to all claims of every kind and nature whatsoever, foreseen, known or videotapes, motion picture or any other record of this event for any legitimate purpose.

Signature of entrant (or parent/legal guardian if under 18 years of age) Date _____