

GULF WINDS TRACK CLUB

30K/15K

January 16, 2016

Date & Time: January 16, 2016
Race starts at 8:00 am. (No Early Starts)
Pre-registration starts at 6:45 am

Course: Predominantly run on hard packed red clay (Old Centerville and Sunny Hill Farm) through plantation lands (first and last 2.25 miles paved) Both are USATF certified: (30k- FL06013DL); (15k - FL 06014DL)

Early Registration: 30K – \$22 includes tech t-shirt (\$17 no t-shirt)
15K – \$22 includes tech t-shirt (\$17 no t-shirt)
GWTC members subtract \$2

Race Day Registration: 30k and 15k - \$25 includes tech t-shirt
30k and 15k - \$20 no t-shirt
No race day member discounts

Awards: Top 5 Male/Female Overall
Top 3 Male/Female Masters (40 - 49)
Top 3 Male/Female Grandmasters (50+)

Directions: The race starts near the Retreat at Bradleys Pond which is across the street from Bradleys Country Store on Centerville Rd. It is approximately 12 miles north of Capital Circle NE.

Additional Information: Jerry/Jackie McDaniel at jackiemcdaniel1@gmail.com or call 850/591-0081, 850/566-6068 or visit the Gulf Winds website at: <http://www.gulfwinds.org>. Electronic registration at: Eventbrite.com (no processing fees for electronic registration).



Electronic Registration is encouraged! If mailing registration please send form and payment to:

Jerry/Jackie McDaniel
7201 Anhinga Farms Rd
Tallahassee, FL 32309

Name: _____ Race: 30K _____ 15K _____
Age on 1/16/2016: _____ DOB: _____ Male _____ Female _____
Address: _____ City _____ State _____ Zip Code _____
Email: _____ Phone # _____
Shirt Size: XS _____ S _____ M _____ L _____ XL _____ No Shirt _____

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able, physically fit and properly trained. I assume any and all risks associated with this event including but not limited to falls, contact with other participants, effects of weather, including high heat and/or humidity, and traffic and the conditions of the roads, all such risks being known and acknowledged by me. I agree to abide by all the decisions of the race officials relative to my ability to safely complete the run. I agree not to wear headsets, run with dogs, baby joggers or strollers during the race. Knowing these facts and in consideration of your accepting my entry, I hereby, for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge all Gulf Winds Track Club race officials, volunteers and all sponsors including their agents, employees, assigns, or anyone acting on their behalf from any and all claims or liability for death, personal injury or negligence or carelessness on the part of the persons named in this waiver. The Release and Waiver extends to all claims of every kind and nature whatsoever, foreseen or unforeseen, known or unknown. The undersigned grants full permission to Gulf Winds Track Club and/or agents authorized by them to use any photograph, videotapes, motion picture or any other record of this event for any legitimate purpose.

Signature (parent if under 18): _____ Date: _____