

Key West North, L.L.C.
presents
Cooter Stew 4 on the 4th Relay
4 X 1 Mile Team Relay

When: July 4, 2016 at 7:00 PM

Where: Cooter Stew Cafe in St. Marks "Key West North", Florida

Entry Fees: \$40 per team on-line before July 3, 2016
\$50 per team day of run

No T-shirt option - \$100 per team (In the event we run out of shirts-\$30 per team)

***Only Team Captain will pay fee. Team must consist of 4 members.**

***Each member must complete a form stating team name and may be of any age, gender or ability.**

Enter On-Line: Register on Eventbrite.com before 7:00 PM on July 3, 2016

MAKE CHECKS PAYABLE TO: Key West North, L.L.C. Mail entry to: Cooter Stew Relay
3674 Uncle Glover Rd
Tallahassee, FL 32312

\$40 per team by mail *Please **do not** mail entries after June 27, 2016

RACE DAY REGISTRATION and PACKET PICK-UP begins at 5:30 pm at Cooter Stew Cafe

You are invited to participate in the inaugural Cooter Stew 4 on the 4th Relay.

Free Beer (for those of legal drinking age) will be available to all runners as a reward for their participation. You are also invited to watch the St. Marks fireworks display after the event from Cooter Stew Cafe. Music will be provided by The Billy Rigsby Band and free beer will be provided by Key West North, L.L.C.

This is a 4 person X 1 mile relay. The lead off leg will complete the 1 mile loop and pass the baton to the next member, and so on, until the 4 loops have been completed. At the end we may or may not declare a winner depending upon our mood.

More information: Bob Brooks (850 445-0638), Bill Lott (850 656-1273), Tom Perkins (850 894-2019)

Name: _____ Age on 7-04-2016 _____ Circle one: M F

Address: _____ (City, Zip) _____

Phone Number: _____ E-Mail address: _____

Relay Team Name _____

I am:

____ Team Captain (Please make sure your team members complete a registration form or register as a team member on Eventbrite <https://cooterstew4thon4th.eventbrite.com> – no additional charge.)

____ Team Member (no charge – only team captain pays fee)

Shirt Size: Circle One: XS Sm Med LG XL XXL

WAIVER: In consideration of your acceptance of my entry as a participant in the 2016 Cooter Stew 4 on the 4th Relay I, the undersigned, for myself, my heirs, executors, administrators and assigns, waive and release any and all claims for damages, for death, personal injury or loss of property against Key West North L.L.C., Cooter Stew Cafe, its officers and directors, members or representatives and all volunteers and others promoting or assisting in anyway the promotion or organization of the Cooter Stew 4 on the 4th Relay, which may arise from my participation in the these races on July 4, 2016 or while traveling to or from the event, even if caused in part by the negligence or negligent actions or other fault of the parties or persons I am hereby releasing or by the dangerous or defective condition of any property or equipment owned, maintained or controlled by them and/or because of the liability without fault. My participation is voluntary and done at my own risk. I understand that running a road race is a potentially hazardous activity and that I should not enter unless I am medically able and properly trained. I attest that I am physically fit and sufficiently trained for the competition of this event. I fully understand I am forever giving up in advance any right to sue or make claims against the parties I am releasing if I suffer injuries and damages even though I do not know to what extent those injuries and damages might be and am voluntarily assuming the risk of such injuries and damages. I will assume my own medical and emergency expenses in the event of an accident or other incapacity or injury resulting from or occurring in my participation. I agree not to wear headsets, run with dogs, baby joggers or strollers during the race. I have read and understand everything written above and I voluntarily sign this agreement.

Signature (If under 18, must have parent's signature) _____