

FRANK BROWN PARK ON PANAMA CITY BEACH

MARDI GRAS 5K RUN/FITNESS WALK

&

ONE MILE FAMILY FUN RUN/WALK

February 6, 2016

8 a.m.

At Frank Brown Park on Panama City Beach, FL.

The 16th Annual Mardi Gras 5K run / Fitness Walk along with a 1 mile Family Fun Run / walk will begin and end at Frank Brown Park, 16200 Panama City Beach Parkway, Panama City Beach, Florida.

Registration will begin at 6:30 in Frank Brown Park. The 5K will begin at 8 a.m. The One Mile Family Fun Run/Walk will begin at 9 a.m. The awards ceremony will be held following the completion of both races. Colorful T-Shirts to all registered runners. Shirts guaranteed race day to pre-registered participants. Entry fees for the Mardi Gras 5K Run/Walk will be: \$20.00 prior to February 1, \$25.00 late. The entry fees for the One Mile Fun Run/Walk will be: \$15.00 prior to February 1/\$20 late and race day. **No refunds.** If you are unable to participate, the fee will be considered a donation.. **Proceeds to benefit WWII Honor Flights.**

Unique awards will be presented in the **5K Run** to the Overall Male & Female Finishers, Male & Female Masters and to Male & Female Grand-masters. **Unique awards to the top 3 male & female 5K runners in 5 year age groups.**

Fun run and 5K Walk awards will be presented in the following age groups: 6 & under, 7 - 8, 9 - 10, 11- 12, 13 - 19, 20 - 34, 35 - 49, 50 - 64, 65 & up.

Post race beverages & snacks will be provided after the runs. Mardi Gras beads to all participants!

Name_____ Phone_____

Address_____

E-Mail_____

City, State_____ Zip-code_____

AGE_____ (RACE DAY) MALE_____ FEMALE_____ T-SHIRT SIZE: (circle one) SM MED LG XLG

5K RUN _____ 5K WALK _____ ONE MILE _____

AMOUNT PAID:

RELEASE: IN SIGNING THIS FORM FOR MYSELF OR THE PARTICIPANT LISTED HEREON, I UNDERSTAND AND AGREE THAT, ALTHOUGH THE ORGANIZERS OF THE 2008 ST. ANDREW'S MARDI GRAS 5K RUN AND FITNESS WALK AND 1 MILE FAMILY FUN RUN/WALK AND HAVE EXERCISED DUE CARE TO PROMOTE THE SAFETY OF THE PARTICIPANTS, THERE ARE FACTORS PRESENT, INCLUDING TRAFFIC OTHER PEDESTRIANS, WEATHER, ETC., WHICH ARE BEYOND THE CONTROL OF THE SPONSORS. I HEREBY RELEASE THE SPONSORS, BE THEY INDIVIDUALS OR ORGANIZATIONS, OF ALL BLAME OR LIABILITY FOR ANY INJURY, MISADVENTURE, HARM, LOSS OR INCONVENIENCE SUFFERED AS A RESULT OF TAKING PART IN THIS EVENT OR IN ANY OF THE ASSOCIATED ACTIVITIES. I FURTHER AGREE TO FOLLOW ALL APPLICABLE TRAFFIC LAWS AND CONDUCT MY ACTIVITIES IN A SAFE AND PRUDENT MANNER.

SIGNED _____ DATE: _____

PARENT OR GUARDIAN IF UNDER 18 YEARS OF AGE)

MAKE CHECK PAYABLE TO:

DRAGGIN' TAIL RUN
7519 N GAINER BAYOU ROAD
PANAMA CITY, FL 32409

JOE EDGECOMBE
MARTY KIRKLAND

FOR MORE INFORMATION:

REGISTER ON LINE: www.active.com

850-774-0018 or 850-763-5005

850-265-8439

email: joeruns@yahoo.com