



Polar Bear Run 5K



Hosted by American Legion Post #224

Saturday, Feb. 27, 2016, Cherry Lake, Florida

Complete and return this form to: American Legion Post #224. Madison, FL 32340

First Name _____ Last Name _____ Sex M _____ F _____

Age _____ DOB ____/____/____

Address: _____

City: _____ State _____ Zip Code _____

Cell Phone# (_____) _____ - _____ Email: _____

Circle Shirt Size: adult small adult medium adult large adult XLarge adult XXLarge

Registered before Feb. 8 (\$25) _____ Late Registration after Feb. 8 (\$35) _____

Standard Waiver (Must be signed by all participants!) Parent or guardian if under 18 years of age:

I know that running a road race is a potentially hazardous activity, which could cause injury or death. I certify that I am medically able to perform this event, am in good health and am properly trained. I assume all risks associated with running in this event, including but not limited to falls, contact with other participants, the effects of the weather, including cold, heat and humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, skates or blades, animals, and radio/tape/CD headsets are not allowed in the race and will abide by this guideline. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and releases American Legion Post #224, and any city, county, state, and national government entity responsible for areas used in conjunction with this event, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of persons named in this waiver. Further, I grant permission to all the foregoing to use my name and images of myself in any photographs, motion pictures, results, publications or any other print, video graphic or electronic record of this event for legitimate purposes. I have read the above release and understand that I am entering the 2016 Polar Bear Run, hosted by the American Legion Post #224 at my own risk. I further agree to indemnify and hold harmless the American Legion Post #224 and all entities herein for any claims brought on behalf of myself or my children.

Signature: _____ Date: ____/____/____

If under 18 years old-Parent or Legal Guardian: _____