



**10K - GWTC Grand Prix**  
**Chip timing for**  
**10K, 5K & Fun Run**  
**Part of GWTC**  
**10K Race Series**

**Benefitting the Florida Baptist Children's Home and A Women's Pregnancy Center**

- Date:** Saturday, March 5th, 2016.
- Times:** Race Day Registration starts at 6:30 a.m. 1 Mile Fun Run starts at 8:00 a.m. 10K and 5K races start at 8:30 a.m.
- Location:** Thomasville Road Baptist Church, 3131 Thomasville Road, Tallahassee, FL.
- Shirts:** First 300 entrants guaranteed a long sleeve, cotton T-shirt.
- Registration Information:** [www.eventbrite.com](http://www.eventbrite.com) (no additional fee for online registration, ends 3/3/16); or, make checks payable to TRBC.
- |                         |                         |
|-------------------------|-------------------------|
| <u>Before 3/5/16</u>    | <u>Day of Race</u>      |
| \$20.00, includes shirt | \$25.00, includes shirt |
| \$15.00, no shirt       | \$15.00, no shirt       |
| \$10.00, 12 and under   | \$10.00, 12 and under   |
- Pre-Race Pasta Dinner:** Friday, March 4th at 5:30 p.m. in the TRBC Fellowship Hall. Free to all runners and their families.
- Race Packet Pick-up:** Friday, March 4th, from 5-7 p.m.
- Awards/Post Race Events:** Join us for a post-race party that will include plenty of fresh food, hot chili, coffee, and awards. 10K/5K Male and Female, Overall, Masters, and Grandmasters and 3 deep for 14 and under, 15-19, and 10 year age groups until 70+.
- For More Information:** Email Michael Kennett at [mtkyuma@yahoo.com](mailto:mtkyuma@yahoo.com).

<b>First name:</b> _____	<b>Last Name:</b> _____
<b>City:</b> _____	<b>State:</b> _____ <b>Zip Code:</b> _____
<b>Gender:</b> M        F	<b>D.O.B.:</b> _____
<b>Shirt Size:</b> YM    S        M        L        XL        XXL    No Shirt	
<b>Race:</b> 10K                    5K                    1M Fun Run    Volunteer	
<p><b>WAIVER:</b> I know that participating in running activities is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race including, but not limited to, falls, contact with other participants, the effects of weather (excessive heat and/or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of you accepting my application, I for myself and anyone entitled to act on my behalf waive and release the Race Director, Gulf Winds Track Club, Thomasville Road Baptist Church, or any other sponsoring agent, their representatives and successors from all claims and liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the parts of the persons/agents named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.</p>	
_____ Signature of Entrant (Parent or Legal Guardian if under 18 years old)	DATE: _____