



29th Annual

FLASH 12K/6K Race

St. Marks, FL

Saturday, FEBRUARY 18, 2017 8:30 am



Start/ Finish / Awards Ceremony will be at the St. Marks Pavilion next to the San Marcos de Apalache Historic State Park

The FLASH 12K (7.46 miles) or 6K (3.73 miles) BOTH courses are USATF Certified.

Name: _____ Male ___ Female ___

Which Event? (Circle One) 12K 6K Date of Birth: _____ Age on Race day: _____

Telephone: _____ E-mail: _____

Address: _____ City _____ State ___ Zip _____

\$12.00 ___ NO Shirt Option

\$17.00 ___ WITH Shirt. Size (Circle One) X-Small - Small - Medium - Large - XL - XXL

\$48.00 ___ Family Rate (4 or more members in immediate family. Includes shirt)

\$20.00 ___ Race Day (NO RACE DAY DISCOUNTS. SHIRTS ONLY IF AVAILABLE)

Additional amount enclosed for the Chenoweth Endowment Fund \$ _____ (Optional, Tax Deductible)

Make checks payable to GWTC and mail to Mark Priddy, 3584 Stowe Trace, Tallahassee, FL 32309-3277.

Register online with no additional service fees: Eventbrite.com.

Gulf Winds Track Club Members may use the promo code online to receive an additional \$2 off on the No shirt and With shirt options.

Email Race Director for the promo code.

I realize that running is a potentially hazardous activity. I should not run unless I am medically able and properly trained. I assume all risks associated with running in GWTC activities. Knowing this and in consideration of you accepting my application, I, and anyone entitled to act on my behalf, waive and release the Race Director, GWTC, and any sponsoring partners from all claims and liabilities arising from participating in this event. I grant permission to use any photographs or other record of this event for legitimate purposes.

Signature of entrant required (parent or legal guardian if under 18)

date signed