

Altha School and Blountstown High School Cross Country teams along with the Blountstown Rotary Club present the

# Goat Day Gallop

## 10k/5k/1 MILE FUN RUN

- When:** October 21, 2017
- Where:** Sam Adkins Park in Blountstown, FL (starting line will be by the parking lot to the right just after entering the gates to the park)
- Time:** 10k/5k start at 8:00 a.m.; 1 Mile Fun Run starts after most have finished the other races.
- Entry Fees:** 10k is \$35 which includes Goat Day entry fee.  
5k is \$25 which includes Goat Day entry fee  
1 Mile Fun Run is \$15
- Mail entry:** Rotary Club, P.O. Box 161, Blountstown, FL 32424 or give them to any of the cross country coaches. They are Allyson Howell, Ben Hall, John Sewell, and Tina Smith. **Make checks payable to Blountstown Rotary Club.** Entries must be received by Wed., October 11, 2017 to guarantee a t-shirt. You may register on-site the morning of the race.

Name: \_\_\_\_\_ D.O.B. \_\_\_\_\_ Age on 10/21/17 \_\_\_\_\_

Address: \_\_\_\_\_ City, Zip \_\_\_\_\_

Phone No: \_\_\_\_\_ E-mail address: \_\_\_\_\_

Gender (circle one): Male Female Race (circle one): 10k 5k Fun Run

T-Shirt Size (circle one): Youth Small Youth Medium Adult S M L XL XXL

Waiver: In consideration of your acceptance of my entry as a participant in the 2017 Goat Day Gallop I, the undersigned, for myself, my heirs, executors, and assigns, waive any and all claims for damages, for death, personal injury or loss of property against the Blountstown Rotary Club and the Calhoun County School Board, their officers and directors, members or representatives and all volunteers and others promoting or assisting in any way the promotion or organization of the Goat Day Gallop, which may arise from my participation in the these races on October 21, 2017, or while traveling to or from the event. I hereby release the dangerous or defective condition of any property or equipment owned, maintained or controlled by them and/or because of the liability without fault. My participation is voluntary and done at my own risk. I understand that running a road race is a potentially hazardous activity and that I should not enter unless I am medically able and properly trained. I attest that I am physically fit and trained for the competition of this event. I fully understand I am forever giving up in advance any right to sue or make claims against the parties I am releasing if I suffer injuries and damages even though I do not know to what extent those injuries and damages might be. I will assume my own medical and emergency expenses in the event of an accident or other incapacity or injury resulting from my participation. I have read and understand everything written above and I voluntarily sign this agreement.

Signature \_\_\_\_\_ Date \_\_\_\_\_

(Parent or Legal Guardian if under 18 year old)