

TATE'S HELL AND BACK 5K RUN/WALK

April 22, 2017

Date & Time: April 22, 2017. Race starts at 8:00 am. Pre-registration and pickup starts at 6:45 am.

Course: Start at Carrabelle Christian Center at 142 River Road, just off 98 in Carrabelle, Florida. Run or Walk on River and Mill Road to Tate's Hell State Forest and Back!

Registration: Before March 22 – Adults \$20 and Youth \$12 (under 18).
Race Day – Adults \$25 and Youth \$15. Registration includes a technical fabric shirt.

Awards: Age class awards for males and females (under 20 and then in each 10-year increment). All adult finishers will also receive swag to be revealed on our Facebook page closer to Race Day.

Complete form and send to BeLinda Wharton, 702 W 3rd St, Carrabelle, FL 32322. Make check out to BeLinda Wharton and note "Tate's Hell and Back 5k" in the memo line. Direct questions to me at bhwharton@gmail.com or call 850-544-5410.

All proceeds will benefit Franklin County Senior Center in Carrabelle.

Print Name _____ **Age on 4/22/2017** _____

Address _____ **City** _____ **State** _____

Email _____

Emergency contact and phone number _____

Circle Shirt Size: XS S M L XL **Prefer Male or Female cut shirt**

I know that running a road race is potentially hazardous. I am medically able to participate and assume any and all risks associated with this event. I agree to abide by all decisions of the race officials regarding my ability to participate. I hereby release all officials and volunteers of Tate's Hell and Back 5k of any claims or liability for any injury associated with the race. This release and waiver extends to all claims of every kind and nature whatsoever.

Signature (parent if under 18) _____ **Date:** _____

