



SEMINOLE TWILIGHT

Friday, May 4 @ Mike Long Track

Florida State University

Meet Information

Entry Fees & Procedures

Entry fee is \$350 per gender, per school, with a maximum entry fee of \$700 per college (15 athletes make up a full team); \$25 per individuals and \$5 for unattached college student with a school ID.

Make checks payable to:

Florida State Track & Field Officials Association

and pay at packet pick-up

- Performance lists will be posted on the Track & Field page at www.seminoles.com by 6 p.m. on Wednesday, May 2.
- Direct additional questions to FSU Director of Operations David Beauchem at dbeauchem@fsu.edu or 850-228-1916.

Track Practice Times

- The track is only available for practice on Thursday, May 3 from 8-10 a.m. and 5-8 p.m. Contact David Beauchem in advance if you wish to practice prior to the meet.

Packet Pickup & Meet Day Info

Packet pickup begins Thursday, May 3 at 12 noon at the Mike Long Track press box and resumes Friday, May 4 at 9:30 a.m.

Event Check-In

Athletes must check in with meet clerk 45 minutes prior to the start of the scheduled event. Athletes failing to do so will be scratched from the event.

- **Heats and flight may be reseeded at check-in to ensure full lanes and balanced flights.**
- Relay cards will be included in packets and used for all relay events.
- Pole vault athletes will be allowed on the runway 1 hour prior to the start of their event.

Implement Weigh-In

Implements must be measured at the weigh-in area located at the northwest end of the track across from the steeplechase water.

New Information- Please Read!!!

- **Weigh-Ins for hammer & javelin will take place between 10 am-11:30 am**
- **Weigh-Ins for shot put & discus will be conducted between 3 pm-4 pm**

Officiating

- The Florida State Track & Field Officials Association will be in charge of the meet. Primetime Timing will determine the official time and order of finish in all races.
- Field event judges will measure, record and post results in metric, which will be displayed on indicator boards.
- The meet will be conducted under NCAA rules. All athletes representing intercollegiate programs must be eligible according to respective governing body rules.

Protests

- Protests must be filed in writing at the clerk's tent within 30 minutes of the conclusion of the event following the incident or decision.
- A non-refundable \$50 fee will be charged for all protests.

Twilight Schedule

Final Schedule (5/1/18)

Field Events

12:00 pm FSU Senior Recognition

12:00 pm	Hammer	Women/Men combined
2:00 pm	Javelin	Women/Men follow
3:30 pm	Pole Vault	Women/Men follow
4:00 pm	Triple Jump	Women/Men follow
4:30 pm	Shot Put	Women/Men combined

5:45 pm National Anthem

6:00 pm	Discus	Women/Men follow
6:00 pm	High Jump	Women/Men follow
6:30 pm	Long Jump	Women/Men follow

Track Events

6:00 pm	100m Hurdles	Women
6:10 pm	110m Hurdles	Men
6:20 pm	1500m Run	Women
6:25 pm	1500m Run	Men
6:35 pm	4x100m Relay	Women
6:40 pm	4x100m Relay	Men
6:45 pm	400m Dash	Women
6:50 pm	400m Dash	Men
7:00 pm	100m Dash	Women
7:05 pm	100m Dash	Men
7:15 pm	800m Run	Women
7:20 pm	800m Run	Men
7:30 pm	400m Hurdles	Women
7:35 pm	400m Hurdles	Men
7:45 pm	200m Dash	Women
7:55 pm	200m Dash	Men
8:10 pm	5000m Run	Women
8:35 pm	5000m Run	Men
9:05 pm	4x400m Relay	Women
9:10 pm	4x400m Relay	Men
9:15 pm	3k Steeplechase	Women
9:30 pm	3k Steeplechase	Men

New - Coaches Field Access!!!

- Only coaches affiliated with schools and individual athletes will have access to the infield area. Wristbands will be distributed at packet pick-up.