

# Conley Yellow Jacket Swarm

## 10K, 5K, 1 mile Fun Run

**Saturday, November 2, 2013**

7:30 A.M. – Race Day Registration

8:30 A. M. – 10K USATF Certified/5K

9:00 a.m. – 1 mile Fun Run/Walk

**Conley Elementary School @ SouthWood**

2400 E Orange Avenue

Tallahassee, FL 32311

**Race Info:** Jen Turner – turnerjst@gmail.com

**Sponsor Info:** Don Reinhard – d123fsu@gmail.com

### Registration:

Pre-register online at [raceit.com](http://raceit.com) by October 11<sup>th</sup> to guarantee a shirt;

Packet Pickup – Wednesday, October 30<sup>th</sup> and Friday, November 1<sup>st</sup>

Elementary 2:30-6:00;

10K or 5K - \$15 (\$20 day of race registration/no shirt guarantee);

1 Mile Fun Run/Walk - \$10 w/shirt and \$5 no shirt

at Conley

**Awards:** Top M/F in each age group; Overall Top M/F; Awards to all fun run participants

Name: \_\_\_\_\_ Circle one: 10K      5K      1M

D.O.B. \_\_\_\_\_ Age on 11/2/13 \_\_\_\_\_ Circle one: Male      Female

Address: \_\_\_\_\_ (City, ST, Zip) \_\_\_\_\_

Phone: \_\_\_\_\_ E-Mail address: \_\_\_\_\_

Circle One T-Shirt Size      Children: S      M      L      Adult: S      M      L      XL

WAIVER: In consideration of your acceptance of my entry as a participant in the 2013 Conley Elementary Yellow Jacket Swarm I, the undersigned, for myself, my heirs, executors, and assigns, waive any and all claims for damages, for death, personal injury or loss of property against Conley Elementary School, its officers and directors, members or representatives and all volunteers and others promoting or assisting in any way the promotion or organization of the Conley Yellow Jacket Swarm, which may arise from my participation in these races on November 2, 2013 or while traveling to or from the event. I hereby release the dangerous or defective condition of any property or equipment owned, maintained or controlled by them and/or because of the liability without fault. My participation is voluntary and done at my own risk. I understand that running a road race is a potentially hazardous activity and that I should not enter unless I am medically able and properly trained. I attest that I am physically fit and trained for the competition of this event. I fully understand I am forever giving up in advance any right to sue or make claims against the parties I am releasing if I suffer injuries and damages even though I do not know to what extent those injuries and damages might be. I will assume my own medical and emergency expenses in the event of an accident or other incapacity or injury resulting from or occurring in my participation. I have read and understand everything written above and I voluntarily sign this agreement.

Signature (If under 18, must have parent's signature)

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