



Tallahassee, FL

Gulf Winds Track Club

25th Annual



FLASH 12K/6K

St. Marks, Florida

Start/ Finish / Awards Ceremony will be Riverside at the San Marcos de Apalache Historic State Park

Saturday, FEBRUARY 16, 2013 8:30 am

The 12K is a GWTC Grand Prix Event

12K/6K Awards:

Overall Male/Female, Masters Male/Female. Age group awards, (3 deep, M/F) age 9 and under, age 10 and above in 5 yr. increments.

Proceeds go to the Chenoweth Endowment Fund which promotes running and fitness in the Big Bend area.

The Flash 12K (7.44 miles) or 6K (3.72 miles)

Name: _____ Male ___ Female ___
Which Event? 12K ___ 6K ___ Date of Birth: _____ Age on Race day: _____
Telephone: _____ E-mail: _____
Address: _____ City _____ State _____ Zip _____

Registration Fees: (mail before Wednesday Feb. 13, 2013)

\$10.00 ___ No Shirt Option

\$14.00 ___ with Shirt. Shirt Size: Small ___ Medium ___ Large ___ X-Large ___ XX-Large ___

Gulf Winds Track Club Members in good standing may deduct \$2.00 from each entry above.

\$18.00 ___ Race Day (NO RACE DAY DISCOUNTS. SHIRTS ONLY IF AVAILABLE)

Additional amount enclosed for the Chenoweth Fund \$ _____ (Optional, Tax Deductable)

Total Amount Enclosed: \$ _____

Make checks payable to GWTC and mail to Mark Priddy, 3584 Stowe Trace, Tallahassee, FL 32309-3277.

Email: MarkPriddy@msn.com

I know that running in Gulf Winds Track Club (GWTC) activities/events is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I assume all risks associated with running in GWTC activities including, but not limited to, falls, contact with other participants, the effects of weather (excessive heat/cold and/or humidity), other users of the St. Mark's Trail (cyclists, walkers, rollerbladers, Bambi, wild boars, black bears), local street traffic, and the condition of the road, all such risks being known and appreciated by me. Knowing these facts and in consideration of your accepting my application, I, for myself and anyone entitled to act on my behalf, waive and release the Race Directors, GWTC, any sponsoring agent, or their representatives from all claims and liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the parts of the persons named in this waiver. I grant permission to all of the forgoing to use any photographs or other record of this event for legitimate purposes.

Signature of entrant required (parent or legal guardian if under 18)

date signed