



FRIENDS OF WAKULLA SPRINGS STATE PARK

Will host the annual

WAKULLA SPRINGS 5K RUN

Run through the "Sanctuary," a wilderness area of the state Park not open to the general public.

Wakulla Springs State Park
465 Wakulla Park Drive
(15 miles south of Tallahassee on SR 267)

Saturday May 18th, 2013

7 AM—Registration opens

8 AM—1 Mile Fun Run

8:30 AM—5K Run

Mail in registration form—
www.wakullasprings.org/projects.html

Online registration—raceit.com

T-shirts guaranteed for registrations received by May 2nd. After May 2nd, first come, first-served.

We do appreciate our sponsors who make our race a success. All proceeds from the event will directly benefit Wakulla Springs.

[Capital City Bank](#) • [Trail & Ski](#) • [Wild Birds Unlimited](#)
[Air Con of Wakulla](#) • [Anytime Fitness](#) • [New Leaf Market](#)
[Just Fruits & Exotics](#) • [Designer: Julia Hanway](#)
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[Baskerville Donovan](#) • [Nick Baldwin Photography](#)
[Apalachee Audubon Society](#) • [Capital City Runners](#)

AWARDS

5K Overall & Masters M/F
& 3 deep in 5 year age groups

1 Mile given to top 3 male
& female finishers

In ages 9 and under and
the 10-14 age groups



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FRIENDS OF WAKULLA SPRINGS STATE PARK

WAKULLA SPRINGS 5K RUN

Saturday May 18th, 2013

Registration Form

Early Registration must be postmarked by May 2



Name: _____ Age on 5/18/13: _____ Date of Birth: _____

_____ Male _____ Female Telephone: _____ E-mail: _____

Address: _____ City _____ State _____ Zip _____

These are performance shirts.

Shirt: _____ Youth Small _____ Youth Medium _____ Youth Large _____ No Shirt
_____ Adult Small _____ Adult Medium _____ Adult Large _____ Adult XL

Special Event. "Run and Ride" Runners Guided Boat Tour.....10:30 (approximately)
Runners and their families are invited on a special guided boat tour for an additional \$6.00 per adult, \$3.00 for kids 4 to 12 (Children under 3 are free). **Please "make your reservations" by paying for the Run and Ride with your registration fee.**

Pre-Registration Postmarked by May 2 (or online)

After May 2 or day of race

	5K		1 Mile Fun Run		5K		1 Mile Fun Run	
	With Shirt	No Shirt	With Shirt	No Shirt	With Shirt	No Shirt	With Shirt	No Shirt
	\$20	\$10	\$15	\$5	\$25	\$15	\$20	\$10
Registration Fee								
Run 'N' Ride								
Total Enclosed								

Waiver. In consideration of your permission to participate in the Run for Wakulla Springs on behalf of myself, my heirs, executors and assignees, I hereby waive and release any and all rights and claims for damages which I may have against the organizers of the race, the park, as well as any other person connected with the run for any and all injuries that I may suffer while participating in the event. I know that running a road race is a potentially hazardous activity. I agree to abide by all decisions of the race officials relative to my ability to safely complete this run.

Signed _____ date _____

Parent or guardian should sign if runner is under 18 years of age.

For more information contact Trudy Thompson, (850) 962-2064

Mailed pre-registrations must be postmarked no later than May 2nd. Online pre-registrations must be completed by May 2nd.

Online registration will continue to be available at Raceit.com until midnight on May 17th.

Mail form and check to: **Friends of Wakulla Springs 465 Wakulla Springs Dr. Wakulla Springs, FL 32327**

Performance shirts guaranteed only for registrations received by May 2. After May 2nd, shirts are first come, first-served.

Packet pickup and race day registration opens at 7:00 a.m.

Visit wakullasprings.org for other information.