

Date: September 1st, 2013

Time: 8:30 a.m.



**Mike the Dog presents two new trail races: "The Isis 30k & the Snoodles the Poodles 15k"**

*Mike's Races are No-Frill Fundraisers!  
This year's races feature our newly acquired Potty Palace for your special needs.*

\$15.00 entry fee: A Benefit For Cauzican Animal Rescue

**LOCATION:** at the Wakulla State Forest: north side of State Road 267 (Bloxham Cutoff Road) 3 miles west of Woodville Hwy.

The two courses "The Isis 30k" & "Snoodles the Poodles 15k" each run down forestry roads. Each is flat, fast, and partly shaded.

Send application and entry fee to 3218 Albert Dr., Tallahassee, FL 32309-3639. Make checks payable to: Cauzican Animal Rescue.

Pre-race registration is preferred. Race day registration is also available.

**CONTACT: Dana Stetson 668-3839; email danastetson@yahoo.com**

WAIVER: In consideration of your acceptance of my entry as a participant in the Mike the Dog Marathon races, I, the undersigned, for myself, my heirs, executors, administrators and assigns, waive and release any and all claims for damages, for death, personal injury or loss of property against the members or representatives and all volunteers and others promoting or assisting in any way the promotion or organization which may arise from my participation in this race or while traveling to or from the event, even if caused in part or in whole by the negligence or negligent actions or other fault of the parties or persons I am hereby releasing by the dangerous or defective condition of any property or equipment owned, maintained or controlled by them and/or because of the liability without fault, whether natural or artificial. My participation is voluntary and done at my own risk. I understand that running a road/trail race is a potentially hazardous activity in deep, dark forests filled with poisonous snakes, lions & tigers & bears (oh my!) and that I should not enter unless I am medically able and properly trained. I attest that I am physically fit and sufficiently trained for the competition of this event. I fully understand I am forever giving up in advance any right to sue or make claims against the parties I am releasing if I suffer injuries and damages even though I do not know to what extent those injuries and damages might be and am voluntarily assuming the risk of such injuries and damages. I will assume my own medical and emergency expenses in the event of an accident or other incapacity or injury resulting from or occurring in my participation. I have read and understand everything written above and I voluntarily sign this agreement.

NAME \_\_\_\_\_ 15K \_\_\_\_\_ 30K \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_ Age \_\_\_\_\_

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

EMAIL \_\_\_\_\_ **ADDITIONAL DONATIONS ACCEPTED!**

Signature of parent /legal guardian if under 18 years.