



All-ages Pre-season Track Meet

- Date:** February 9th, 2012
- Location:** Florida High, Tallahassee, Florida
- Entries:** \$5 per athlete for entries received by February 4th.
\$10 per athlete after the February 4th.
\$50 max for teams with 10 or more athletes per gender.
Email entries to LFCSumner3@aol.com. Please include name, age, gender, events and predicted time.
- Results & awards:** Fully Automatic Timing provided by Miles and Minutes, LLC. All ages will be scored together. Certificates will be awarded to the top athletes in each event. Results will be available on www.flrunners.com at the end of the meet.
- Order of Events:** Events will begin at 10am on a rolling schedule. All events are finals.
- 3200m Run
 - High Hurdles
 - 100m Dash
 - 1600m Run
 - 400m Dash
 - 400m Hurdles
 - 800m Run
 - 200m Run

Field Events will be: High Jump, Long Jump, Shot
Put

For further information and/or questions please contact Chris Sumner
at LFCSumner3@aol.com or (850)567-6175.

Sponsored by: Miles and Minutes, LLC Website: www.milesandminutes.net