

# 39th Annual *Palace Saloon 5K*



**April 20, 2013**



**Race Date:** Saturday, April 20, 2013

**Time:** Race starts at 8:00 a.m. E.D.T. Registration and Packet Pick-up is from 6:45 to 7:45 a.m. at Messer Park. Event ends at 10:30 a.m.

**Early Packet Pickup:** The Palace Saloon Wednesday April 17 from 4:00 p.m. to 7:00 p.m.

**Place and Course:** Race starts at Messer Park. Race finishes at the Palace Saloon at 1303 Jackson Bluff Road. There will be traffic on the road so be careful.

**Entry Fee:** Early Registration (on or before April 17th) - \$15.00, includes shirt. \$10.00, no shirt option. Gulf Winds Track Club members and students deduct \$2.

Day of Race - \$20.00, includes shirt (if available). \$15.00, no shirt option. No discounts. **Make checks payable to GWTC. No refunds.**

**Post-race Refreshments:** Gatorade, water, and other beverages for those over 21

**Optional Team Competition:**

For those who would like to participate on a team, a team will consist of at least five but no more than seven runners, with each team's score being the sum of the times of its fastest five finishers. All members of a Men's team must be male; all members of a Women's team must be female. There will be no extra charge for entering a team, but each team member must enter the race as an individual, paying the appropriate registration fee by April 19. Team captains must submit a roster of the team's members by **noon on Friday April 19<sup>th</sup>** to [gwtc@nettally.com](mailto:gwtc@nettally.com)

**Awards:** Overall/Master/five-deep in five-year age groups. Team awards to five fastest members of top two male teams and top two female teams.

**For More Information:** Mike Burns: [michaelaburns@yahoo.com](mailto:michaelaburns@yahoo.com) Go to [www.PalaceSaloon.com](http://www.PalaceSaloon.com) or visit the Gulf Winds Web site at [www.gulfwinds.org](http://www.gulfwinds.org)

## Palace Saloon 5K Entry Form (please print clearly)

Mail entry with <b>check payable to GWTC</b> Palace Saloon 5k c/o Mike Burns 1207 Kenilworth Rd Tallahassee, FL 32312	On-line registration available at <a href="http://palacesaloon5k.eventbrite.com">http://palacesaloon5k.eventbrite.com</a>	Early Packet Pick-up and Registration: Palace Saloon, 1303 Jackson Bluff Rd. April 17 <sup>th</sup> 4:00 p.m. to 7:00 p.m. Avoid race day lines.
Name:	Age (on 4/20/2013):	Date of Birth:
Male <input type="checkbox"/> Female <input type="checkbox"/>	Phone:	E-mail:
Address:		
City:	State:	Zip Code:
Shirt Size: S M L XL None (circle one)		
<p>I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able, physically fit and properly trained. I assume any and all risks associated with this event including but not limited to falls, contact with other participants, effects of weather, including high heat and/or humidity, and traffic and the conditions of the roads, all such risks being known and acknowledged by me. I agree to abide by all the decisions of the race officials relative to my ability to safely complete this run. I agree not to wear headsets, run with dogs, baby joggers or strollers during the race. Knowing these facts and in consideration of your accepting my entry, I hereby, for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge all Gulf Winds Track Club race officials, volunteers and all sponsors including their agents, employees, assigns, or anyone acting on their behalf from any and all claims or liability for death, personal injury or negligence or carelessness on the part of the persons named in this waiver. The Release and Waiver extends to all claims of every kind and nature whatsoever, foreseen or unforeseen, known or unknown. The undersigned grants full permission to Gulf Winds Track Club and/or agents authorized by them to use any photograph, videotapes, motion picture or any other record of this event for any legitimate purpose.</p>		
Signature (parent if under 18)		Date