



ITA 'RUN FOR THE TAPE' 5K, 8K, 1MILE

DATE: SATURDAY -- JULY 6TH, 2013

PLACE: JR ALFORD GREENWAY (SOUTH PEDRICK RD; TALLAHASSEE, FL)

TIME: REGISTRATION BEGINS AT 6:45 AM -- START FOR ALL RACES AT 8:15 AM

DESCRIPTION: PICTURESQUE HOLIDAY WEEKEND GRASS AND SHELL ROAD FOOT RACE.

CAUSE: PROCEEDS BENEFIT LEON COUNTY HIGH SCHOOL ATHLETIC TRAINING BUDGETS.

NAME: _____

AGE (ON RACE DAY): _____ **MALE OR FEMALE:** _____

EVENT: (1 MILE, 5K, 8K) _____

TELEPHONE: _____ **E-MAIL:** _____



AWARDS: QUALITY, HAND-MADE AWARDS FOR THE FOLLOWING PARTICIPANTS--

5K & 8K OVERALL MALE AND FEMALE RUNNERS

5K & 8K WINNERS & RUNNERS-UP (19&UNDER, 20-29, 30-39, 40-49, 50-59, 60&UP).

5K & 8K MASTERS & GRANDMASTERS WINNERS

REGISTRATION FEES-- (CHECK ONE)

1 MILE: PRE-REGISTRATION (MAIL PRIOR TO JULY 2ND) \$2 _____
DAY OF RACE REGISTRATION \$3 _____

5 KILOMETER RUN: PRE-REGISTRATION (MAIL PRIOR TO JULY 2ND) \$8 _____
DAY OF RACE REGISTRATION \$10 _____

8 KILOMETER RUN: PRE-REGISTRATION (MAIL PRIOR TO JULY 2ND) \$12 _____
DAY OF RACE REGISTRATION \$15 _____

****Make checks out to FSU Iota Tau Alpha and mail to A305 Oglesby Union P.O. Box # 3064026 Tallahassee, FL 32306****

I ACKNOWLEDGE FULL RESPONSIBILITY FOR BEING SAFE, RUNNING HARD, AND HAVING FUN. IOTA TAU ALPHA IS NOT RESPONSIBLE FOR ANY INJURIES THAT MAY BE INCURRED AS A RESULT OF PARTICIPATION IN THE 'RUN FOR THE TAPE' RACE. ALSO, I FULLY RECOGNIZE THAT THIS WAIVER IS NOT WORTH THE PAPER THAT IT IS PRINTED ON. IF YOU AGREE TO THE CONDITIONS ABOVE, PLEASE SIGN BELOW.

SIGNATURE: _____

DATE: _____