



United Way
Community 5K Run and 1-Mile Fun Run
Saturday, November 23, 2013

Time: 9:00 AM (Race day registration begins at 8:00 AM in the gymnasium.)

Place: Southside Elementary School- Cairo, Georgia

Awards: Awards for overall male and female; Awards to the top 3 in each age group. Age groups in male and female for 5K: 0-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

Entry Fee:

Pre-registration by November 15, 2013 **\$15.00** for the 5K (guaranteed t-shirt)

Race Day Registration **\$20.00**

Fun Run for the Kids:

Cost of the 1-mile Fun Run (ages 0-10 years) **\$ 5.00** (does not include t-shirt)

The Fun Run will take place as soon as the 5K course is cleared.

Entry Form

All proceeds benefit the United Way for Grady County.

Name _____

Age _____ Gender _____

Address _____

City _____ State _____ Zip _____

Please circle shirt size:

YM YL AS AM AL AXL AXXL

Please circle race entering: 5K 1-Mile Fun Run

School _____ or Business Name _____

**Please make checks payable to
United Way and mail to:**

**United Way for Grady Co., Inc.
c/o 5K Registration
P.O. Box 583
Cairo, GA 39828-0583**

Waiver: I know that running a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. In particular, I acknowledge the danger of inclement weather, traffic, and road conditions. I acknowledge that I am medically able to perform this 3.125 mile event, am in good health, and properly trained. I assume all risks and liabilities involved in running this event and release United Way for Grady County and affiliates, Grady County, City of Cairo, the race director, volunteers, sponsors, and anyone involved in this event from any liability as a result of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of those named in this waiver. I have read and understand the above release and enter the United Way Community 5K and Fun Run at my own risk.

Signature _____ Date _____

Parent or Guardian must sign if under 18