



On-line registration available at: Eventbrite

Date: Saturday, March 28, 2015

Time: 10K/5K – 8:10 a.m. 1 mile – 7:45 a.m.

Location: Leon County Courthouse; 301 South Monroe Street, Tallahassee, FL

Packet Pick-up: Thursday, March 26 and Friday, March 27 at Capital City Runners from 12:00 – 6:00 p.m. or Race day 6:30 – 7:30 a.m. Early packet pick-up strongly encouraged!

VISIT OUR WEBSITE WWW.SPRINGTIME10K.COM OR EMAIL SPRINGTIME10K@GMAIL.COM

Name:		Sex (check one): <input type="checkbox"/> Male <input type="checkbox"/> Female	
Date of Birth:	Age on March 28, 2015:	E-mail:	
Address:			
City:	State:	Zip Code:	
Phone:	Race: <input type="checkbox"/> 10K <input type="checkbox"/> 5K <input type="checkbox"/> 1 Mile	Shirt Size: <input type="checkbox"/> XS <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> NONE	
If competing on a team, team name:			
SAVE \$2 BY REGISTERING ONLINE! • No Race Day Discounts • Shirt: <input type="checkbox"/> \$25 No Shirt: <input type="checkbox"/> \$20			
10K/5K		1 Mile	
Individual: <input type="checkbox"/> \$22	Families of 3 or more (per runner): <input type="checkbox"/> \$20	Individual: <input type="checkbox"/> \$20	Families of 3 or more (per runner): <input type="checkbox"/> \$18
		No Shirt: <input type="checkbox"/> \$15	
GWTC Chenoweth Fund Donation (Specify amount) \$ _____	Leon County Humane Society Donation (Specify amount) \$ _____	Boys & Girls Club Donation (Specify amount) \$ _____	

No refunds: I understand the entry fee is non-refundable and non-transferable. I also understand the event(s) will take place rain or shine, at the Race Director's discretion. Races may be cancelled or postponed due to natural hazards uncontrollable by the Race Director. If a race is cancelled or postponed, there are no refunds.

Waiver: In consideration of your acceptance of my entry as a participant in the 2015 Springtime 10K, I, the undersigned, for myself, my heirs, executors, administrators and assigns, waive and release any and all claims for damages, for death, personal injury or loss of property against Gulf Winds Track Club, its officers and directors, members or representatives and all volunteers and others promoting or assisting in any way the promotion or organization of the Springtime races, which may arise from my participation in the these races on March 28, 2015, or while traveling to or from the event, even if caused in part by the negligence or negligent actions or other fault of the parties or persons I am hereby releasing by the dangerous or defective condition of any property or equipment owned, maintained or controlled by them and/or because of the liability without fault. My participation is voluntary and done at my own risk. I understand that running a road race is a potentially hazardous activity and that I should not enter unless I am medically able and properly trained. I attest that I am physically fit and sufficiently trained for the competition of this event. I fully understand I am forever giving up in advance any right to sue or make claims against the parties I am releasing if I suffer injuries and damages even though I do not know to what extent those injuries and damages might be and am voluntarily assuming the risk of such injuries and damages. I will assume my own medical and emergency expenses in the event of an accident or other incapacity or injury resulting from or occurring in my participation. I agree not to wear headsets, run with dogs, baby joggers or strollers during the race. I have read and understand everything written above and I voluntarily sign this agreement.

Signature (Parent if under 18): _____ Date: _____

**PLEASE MAKE YOUR CHECK PAYABLE TO GWTC
MAIL (POSTMARKED NO LATER THAN March 24) TO:
AMANDA HUDSON AT 5318 TOWER ROAD, TALLAHASSEE, FL 32303**

Amount Enclosed:

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