

2017 Summer Track Series

Presented by

Gulf Winds Track Club

and

Tallahassee Parks and Recreation

Maclay School Track

3737 N. Meridian Road

6:45 p.m.

Thursdays - June 1, 8, 15, 22, & 29 and July 6, 13, & 20

FREE 8-Week Program Open to the Public

For Runners of all Ages and Abilities

Weeks 1, 3, 5, & 7

June 1, 15, & 29, & July 13

40-Yard Dash (ages 5 and under)

100-Meter Dash

400-Meter Dash

1,600-Meter Run (Metric Mile)

5,000 Meter Run

4 X 100-Meter Relay*

Weeks 2, 4, & 6

June 8 & 22, & July 6

40-Yard Dash (ages 5 and under)

100-Meter Dash

200-Meter Dash

800-Meter Run

3,200-Meter Run (Metric 2 Mile)

4 X 200-Meter Relay*

Week 8, July 20 – Events determined by Track Series Organizers; Annual Ice Cream Social; and Gulf Winds Track Club Summer Grand Prix Awards

Decisions involving inclement weather will be made at the starting time of the track meet.

*Subject to minimum participation and/or time permitting.

For more information, visit www.gulfwinds.org or www.talgov.com; or contact Tallahassee Parks and Recreation at 891-3866, or Jeanne O’Kon/Tom Perkins at 894-2019